**REQUIREMENTS TO THE EQUIPMENT OF PARTICIPANTS OF THE YOUTH KWU KYOKUSHIN EUROPEAN CHAMPIONSHIP, BERLIN 2019**

Each fighter, allowed to participate in the competitions, must have individual protective equipment.

Protective equipment must be of **white colour** and in good condition (clean, intact, without scuffs). The size of protective equipment must reliably protect the impacting surface of fists and shins.

1. **Protectors for shin and insteps of stocking type**

|  |  |
| --- | --- |
| 1.jpg | 2.jpg |
|  |  |

The usage of protectors for shin and insteps as elastic stockings of white colour with compressor (thickness of at least 1 cm) is permitted. The usage of plastic flaps and insets is forbidden.

1. **Protective gloves with an obligatory protection of joints** 

|  |  |
| --- | --- |
|  |  |

The thickness of compressor must be at least 1 cm. The usage of plastic flaps is forbidden.

1. **Protective helmet with obligatory protection of chin**

|  |  |
| --- | --- |
| 5.jpg | FullSizeRender-17-05-17-01-40 |
|  | http://arc-sport.ru/images/stories/virtuemart/product/resized/iko_helmet_close_1_400x520.jpg |
|  |  |

1. **Chest protector – girls, girls juniors**

|  |  |
| --- | --- |
|  | 113 |
|  |  |

The participants are allowed to use chest protector of the following model: the upper bound of protector – not above the second rib level, the lower bound of protector – not below the edge of costal arches, the lateral bounds – along the anterior axillary lines. It must protect chest. CHEST PROTECTOR MUST BE WITHOUT PLASTIC AND MUST COVER ONLY CHEST.

**The usage of hard plastic chest protectors is forbidden.**

1. **Individual groin shell – boys and juniors**

|  |  |
| --- | --- |
| 8.jpg | 9.jpg |

Groin protectors for girls, girls juniors – voluntary.

1. **Gumshield (oral cavity protector)** – voluntary, unless a sportsman has braces on his/her teeth.

ATTENTION! Each sportsman must have his/her own protective equipment.

**In case of non-compliance with any of these rules, a sportsman is not allowed to compete.**

If during a bout it turns out that the size of protective equipment does not fit a sportsman, the bout will be stopped and he/she will be disqualified from the tournament.

**ATTENTION! ALL THE PROTECTIVE EQUIPMENT MUST BE PRESENTED TO THE CREDENTIALS COMMITTEE!**