ARTICLE 3: OFFICIAL DRESS AND COMPETITORS' HYGIENE

10. The following protective equipment is compulsory:

- for male athletes – groin guards of KWU approved type (groin guards must not be worn over the KARATEGI trousers);

- for female athletes – chest protector, shin and insteps protector (optional) of KWU approved type;

- for boys and girls of 12-13 years, 14-15 years, junior boys and girls of 16-17 years - shinguards of approved KWU type;

- for boys and girls of 12-13 years, 14-15 years, junior boys and girls of 16-17 years – gloves of KWU approved type;

- for boys and girls of 12-13 years, 14-15 years, junior boys and girls of 16-17 years – headgear of KWU approved type.

- if there are brackets on athlete's teeth, gum shield is mandatory.

ARTICLE 4: ORGANISATION OF KUMITE COMPETITIONS

1. A Kyokushin Kumite competition may be divided into the team match and the individual match. In the team match, a team may consist of different weight, different age group and mixed gender but must compete among the same gender. The individual match may be further divided into age, gender and weight divisions (Weight Category or Open Weight).

2. Men and women are not allowed to compete with each other.

3. The KUMITE competition among adult competitors may be held in opendivision or in weight divisions.

4. In men KUMITE competition by weight categories the following weightcategories shall be provided for:

- a. $\leq 60 \text{ kg};$
- b. $\leq 65 \text{ kg};$
- c. $\leq 70 \text{ kg};$
- d. $\leq 75 \text{ kg}$
- e. $\leq 80 \text{ kg};$
- f. ≤ 85 kg;
- g. $\leq 90 \text{ kg};$
- h. $\leq 95 \text{ kg};$

k. >95 kg;

1. Absolute.

5. In women KUMITE competition by weight categories the following weightcategories shall be provided for:

- a. $\leq 50 \text{ kg};$
- b. \leq 55 kg;
- c. $\leq 60 \text{ kg};$
- d. $\leq 65 \text{ kg};$
- e. \leq 70 kg;
- f. >70 kg;
- g. Absolute.

6. In KUMITE competition among boys of 12-13 years (under 14 years), 14-15 years (under 16 years), junior boys of 16-17 years (under 18 years) by weight categories the following weight categories shall be provided for:

N⁰	Sex age category	Weight category
1	Boys (12 -13 years)	30 kg, 35 kg, 37,5 kg, 40 kg, 42,5 kg, 45 kg, 47,5 kg, 50 kg, 55 kg, 55 kg+, 60 kg, 60 kg+, 65 kg, 65 kg+
2	Girls (12 -13 years)	30 kg, 35 kg, 40 kg, 45 kg, 50 kg, 50 kg+, 55 kg, 55 kg+
3	Boys (14-15 years)	40 kg, 45 kg, 47,5 kg, 50 kg, 52,5 kg, 55 kg, 57,5 kg, 60 kg, 65 kg, 65 kg+, 70 kg, 70 kg+, 75 kg, 75 kg+
4	Girls (14-15 years)	45 kg, 50 kg, 52,5 kg, 55 kg, 55 kg+, 60 kg, 60 kg+
5	Boys (16-17 years)	55 kg, 60 kg, 65 kg, 70 kg, 70 kg+, 75 kg, 75 kg+, 80 kg, 80 kg+
6	Girls (16-17 years)	50 kg, 55 kg, 55 kg+, 60 kg, 60 kg+, 65 kg, 65 kg+

7. Competition organizers shall have the right to change (unite) weight categories, taking into account the number of competitors and the conditions of the competitions, with the sanction of KWU Sports Commission. In the combined weight categories, after the second time, weighing is carried out. However this statement should be notified clearly in the application form of the competition.

17. If there are 6 or less participants in the weight category, fights for the 3rd place will be held.

ARTICLE 6: DURATION OF BOUT (SHIAI JIKAN)

Adult Weight Categories for Men and Women Main Bouts duration: 3 minutes + 2 minutes + 2 minutes.

NOTE: In combined weight divisions, after the second time, weighing is carried out. A participant whose weight is 5 kg or more kg less than the opponent's weight is declared the winner. If the winner is not determined by weighing, then an additional round is announced.

NOTE: Main bouts in weight category events are designated as Semi-Final and Final.