

KYOKUSHIN-KAN WEST EUROEPAN AUTUMN KARATE CAMP 2018



When: 29-30 September 2018

Sessions: Taikikken (optional) Saturday 11:00-13:00 Saturday from 15:45 to 20:15 – Sunday from 09:45 to 13:30 (time when to be at the training centre). More info: below the agenda.

Where: Majadahonda (Madrid) SPAIN – exact training location will be provided but is near the

Hostel and Kankukan Dojo Address.

Instructor: Shihan Hennie Bosman 8th Dan International Chairman Kyokushin-Kan

Organisation: Kristian Gómez - Kyokushin-<u>kan</u> Madrid Branch - and Shihan Ricardo Gómez - Kyokushin-kan Cornella, Barcelona Branch.

Costs: Saturday till Sunday 40€ (Only Saturday or Sunday 40€). It is not included food and/or accommodation. Mineral water and Soft drinks will be provided by Kyokushin-Kan Spain

Saturday lunch and dinner with drinks: approx. 12€ (see inscription sheet).

HOSTEL / HOTEL INFORMATION (VERY IMPORTANT)

Kyokushin-kan Madrid have **RESERVED** following rooms at the DOÑA ISABEL HOSTEL in the centre of the town (not so far from the training place and Kankukan Dojo). **THIS RESERVATION WILL EXPIRE the 15th of AUGUST and the prices will probably change.** The only way to secure the booking is to call to the HOSTEL ant then mention "**RESERVA KARATE**" (**Karate booking**) then to select the available choice. As soon all rooms are booked by the people these will not be available anymore and you would need to find another hostel or hotel near Majadahonda. There are several in Majadahonda and in Las Rozas (for instance NH Hotel) but these are not as economical as the DOÑA ISABEL HOSTEL.

ADDRESS of the DOÑA ISABEL HOSTAL:

http://www.hostalisabel.com

Calle Viento, 15 28220 Majadahonda (Madrid) Spain

Phone: +34 916340443

Building A:

3 DOUBLE rooms for 2 persons (separate beds): 41€/ROOM (20,50€ person)

1 TRIPLE room for 3 persons (separate beds): 61€ROOM (20,33€ person)

2 INDIVIDUAL rooms for 1 person: 31€/ROOM (31€ person)

Building B: Rooms with air condition (not really needed in September)

3 DOUBLE rooms for 2 persons (separate beds): 50€/ROOM (25€ person)

4 TRIPLE rooms for 3 persons (separate beds): 70€/ROOM (23,33€ person)

3 INDIVIDUAL rooms for 1 person: 40€/ROOM (40€ person)

SCHEDULE:

Saturday 29 September:

- 11:00 **(Optional)** Meeting point at Calle Huertas 1, 28220 Majadahonda GLH Wellsport / Kankukan Dojo Kyokushin-kan
- 11:05 We will walk to a pine forest near the Dojo
- 11:30 TAIK IKKEN session with Shihan Hennie Bosman
- 12:50 Walk back to the Dojo There we can take a shower and change clothes.
- 14:00 Lunch at the restaurant Sol y Aire at the Avda Dr. Marañon 47, 28220 Majadahonda
- **15:45** Meeting point at the training centre (Cerro de la Mina or Antonio Machado address will be provided)
- 16:00 Start Varm up session Jyuji Kata, Ju No Kata Sono Ichi & Ni
- 16:30 Kyokushin session with Shihan Hennie Bosman.
- 20:00 End session
- 21:00 Dinner at the restaurant Sol y Aire at the Avda Dr. Marañon 47, 28220 Majadahonda

Sunday 30 September

- **09:45** Meeting point at the training centre (Cerro de la Mina or Antonio Machado address will be provided)
- 10:00 Start Varm up session Jyuji Kata, Ju No Kata Sono Ichi & Ni
- 10:20 Kyokushin session with Shihan Hennie Bosman.
- 13:00 Farewell acknowledgment
- 13:15 Photo session
- 13:30 End seminar

OTHER INFORMATION:

Protectors: Bring your Protectors with you

Who can come: All Martial Artists and Federations are welcome. Karatekas older than 13

years.

Application deadline: 10 September 2018

Payment deadline: 10 September 2018

Contact: Kristian Gómez Gunnebring Kankukan Dojo Kyokushin-kan Madrid

Calle Huertas 1, 28220 Majadahonda (Madrid).

Email: kankukan@live.com / Mobile Phone: +34 606145103

International Payment Account: Kristian Gómez Gunnebring, Banc name BBVA (Banco Bilbao

Vizcaya Argentaria). IBAN: ES54 0182 9465 69 0205485978 BIC/Swiftcode BBVAESMM





