



BULGARIAN KARATE KYOKUSHIN FEDERATION

Varna, "Tsar Simeon I"31

kwu_bulgaria@abv.bg

Schedule

Sunday 01.07.2018	
14.00 h -	Accommodation
19.00 h – 19.45 h	Dinner I-st group
19.45 h – 20.30 h	Dinner II-nd group
20.00 h – 20.30 h	Meeting of dojo operators and country representatives -“Raduga”
Monday 02.07.2018	
06.50 h – 07.00 h	Gathering and formation
07.00 h – 08.30 h	Groups training
08.30 h – 09.30 h	Breakfast - 08.30 – 09.00 h – I-st group, 09.00 – 09.30 h –II-nd group
10.00 h – 16.00 h	Credentials Committee KWU“Varna CUP 2018”
10.00 h – 12.00 h	KWU Seminar of the judges – Instructor Shihan R.Gabbasov 5th dan
09.30 h – 12.00 h	Time to relax
12.00 h – 13.15 h	Lunch - 12.00 h – 12.30 h – I-st group. 12.30h – 13.15 h – II-nd group
14.00 h – 16.00 h	Time to relax
14.00 h – 17.00 h	KWU Seminar of the judges – Instructor Shihan R.Gabbasov 5th dan
15.00 h – 16.00 h	Yaido training /2 kyu and up/ & Full contact training
18.00 h – 19:30 h	Second training
20.00 h - 21:30 h	Dinner – 20.00 h – 20.40 h – I-st group, 20.40 h – 21.30 h – II-nd group
20.00 h – 22.00 h	Possibility for individual work or clarification of questions related with training process or techniques- will have a “duty” instructors
23.00 h	Night hour
* Football Tournament – by appointment – by schedule	
Tuesday – 03.07.2018	
06.50 h – 07.00 h	Gathering and formation
07.00 h – 08.30 h	Groups training
08.30 h – 09.30 h	Breakfast - 08.30 – 09.00 h – I-st group, 09.00 – 09.30 h –II-nd group
11.00 h – 17.30 h	International tournament for cadets KWU “Varna CUP 2018”
12.00 h – 13.15 h	Lunch - 12.00 – 12.30 h – I-st group. 12.30 – 13.15 h – II-nd group
14.30 h – 16.00 h	Time to relax
18.00 h – 19:30 h	Second training
20.00 h – 21.30 h	Dinner – 20.00 h – 20.40 h – I-st group, 20.40 h – 21.30 h – II-st group
20.00 h – 22.00 h	Possibility for individual work or clarification of questions related with training process or techniques- will have a “duty” instructors



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23.00 h	Night hour
* Football Tournament – by appointment – by schedule	
* Football Tournament – for children to 12 years – by schedule	

Wednesday 04.07.2018	
06.50 h – 07.00 h	Gathering and formation
07.00 h – 08.30 h	Groups training
08.30 h – 09.30 h	Breakfast - 08.30 – 09.00 h – I-st group, 09.00 – 09.30 h –II-nd group
09.30 h – 12.00 h	Time for relax
12.00 h – 13.15 h	Lunch - 12.00 – 12.30 h – I-st group. 12.30 – 13.15 h – II-nd group
14.00 h – 16.00 h	Time for relax
15.00 h – 16.00 h	Yaido training /2 kyu and up/ & Full contact training
18.00 h – 19:30 h	Second training
20.00 h - 21:30 h	Dinner – 20.00 h – 20.40 h – I-st group, 20.40 h – 21.30 h – II-nd group
20.00 h – 22.00 h	Possibility for individual work or clarification of questions related with training process or techniques- will have a "duty" instructors
23.00 h	Night hour
* Football Tournament – by appointment – by schedule	
* Football Tournament – for children to 12 years – by schedule	
Thursday – 05.07.2018	
06.50 h – 07.00 h	Gathering and formation
07.00 h – 08.30 h	Groups training
08.30 h – 09.30 h	Breakfast - 08.30 – 09.00 h – I-st group, 09.00 – 09.30 h –II-nd group
09.30 h – 12.00 h	Time for relax
12.00 h – 13.15 h	Lunch - 12.00 – 12.30 h – I-st group. 12.30 – 13.15 h – II-nd group
14.00 h – 16.00 h	Time for relax
15.00 h – 16.00 h	Yaido training /2 kyu and up/ & Full contact training
18.00 h – 19:30 h	Second training
20.00 h - 21:30 h	Dinner – 20.00 h – 20.40 h – I-st group, 20.40 h – 21.30 h – II-nd group
20.00 h – 22.00 h	Possibility for individual work or clarification of questions related with training process or techniques- will have a "duty" instructors
23.00 h	Night hour
* Football Tournament – by appointment – by schedule	
* Football Tournament – for children to 12 years – by schedule	
Friday – 06.07.2018	
06.50 h – 07.00 h	Gathering and formation



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07.00 h – 08.30 h	Groups training
08.30 h – 09.30 h	Breakfast - 08.30 – 09.00 h – I-st group, 09.00 – 09.30 h –II-nd group
09.30 h – 12.00 h	Time for relax
12.00 h – 13.15 h	Lunch - 12.00 – 12.30 h – I-st group. 12.30 – 13.15 h – II-nd group
14.00 h – 16.00 h	Time for relax
15.00 h – 16.00 h	Yaido training /2 kyu and up/ & Full contact training
18.00 h – 19:30 h	Second training
20.00 h - 21:30 h	Dinner – 20.00 h – 20.40 h – I-st group, 20.40 h – 21.30 h – II-nd group
20.00 h – 22.00 h	Possibility for individual work or clarification of questions related with training process or techniques- will have a "duty" instructors
23.00 h	Night hour
* Football Tournament – by appointment – by schedule	
* Football Tournament – for children to 12 years – by schedule	
Saturday – 07.07.2018	
07.00 h – 08.00 h	Breakfast
07.30 h	Gathering and formation
08.00 h – 10.00 h	Examination /10 kyu – 5 kyu/
10.00 h – 12.00 h	Examination /4 kyu – 4 dan/
12.00 h – 13.15 h	Lunch - 12.00 – 12.30 h. – I-st group. 12.30 – 13.15 h. – II-nd group.
14.00 h – 16.00 h	Gathering and formation – photos of all participants on the football field and on the beach
17.00 h – 18.30 h	Football Tournament /final/
18.30 h – 19.30 h	Dinner – 20.00 h – 20.40 h – I-st group, 20.40h – 21.30 h – II-nd group
20:00 h	Night of talands
20:30 h	SAYONARA
Sunday 08.07.2018	
08.30 h – 09.30 h	Breakfast - 08.30 – 09.00 h – I-st group, 09.00 – 09.30 h –II-d group
09.30 h	Departure of the teams

* The organizers reserve the right to make changes to the event program!