



# SOSAI FIGHTER CUP

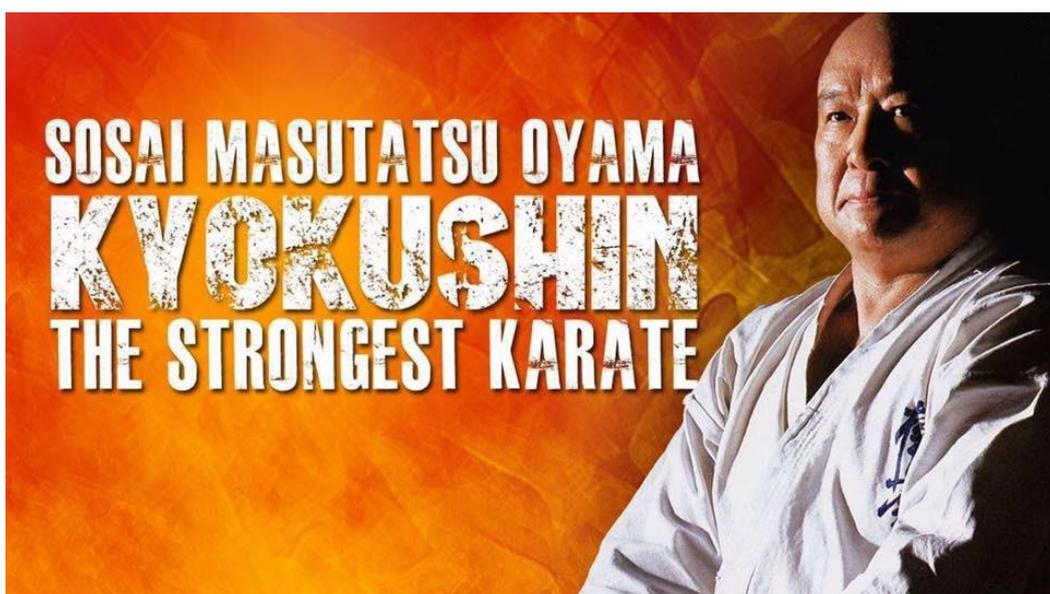
**27. May 2017**

Greve Videncenter, Hundige alle 11, 2670 Greve

Invitation to:

**Full contact Knock Down Karate  
Moderat Knock Down - Semi contact  
Light contact - Katas.**

For all, beginners and experienced fighters in all  
weight classes



Info: [www.jinzen-do.com](http://www.jinzen-do.com) – [info@jinzeno.org](mailto:info@jinzeno.org) – Facebook: Sosaï fighter cup



# Sosai Fighter Cup

Open for all stiles, dojo´s and organizations

## Who can participate

Sosai fighter cup is a tournament for all, unexperienced and experienced fighters.

The categories for unexperienced fighters are only for fighters with very little experience. One has only been participated in very few tournaments before this with their current level. As senior it´s not allowed to have fought in DM, EM and WM and so on. Experienced fighters over 18 years old shall participate in Knock down Category.

In all Categories, the participants will be matched after grade, weight, experience (number of competitions), age and so on.

To participate, one as to be at least 8 years old.

All grades are welcome.

## Categories

Light contact, Semi contact, Moderate Knock Down and Knock Down.

Besides that, the participant will be divided into Categories, were there will be taken in to consideration which grade, weight, experience, age and so on the participants as. There are fought after “the Cup system” were everybody, if possible, in their first fight will meet someone with the same experience.



## Rules:

### Light contact: Kids 8 - 9 years old,,10 -11 years old.

Contact to the body and only light kicks on the side of the head is allowed. Attacks below the groin (low kicks, punches and so on) also punches and frontal kicks against the head are not allowed. All with less experience can participated in this category.

### Semi contact: children and adults - (10 -11 years old, 12-13 years old, 14-15 years old, 16-17 years old, 18+)

Contact to the body and only light kicks against the side of the head is allowed. Low kicks, punches and frontal kicks against the head are not allowed in this category. All with less experience can participate in this category. All experienced fighters can participate in this category

### Moderate Knock Down: (10-11 years old, 12-13 years old, 14-15 years old, 16-17 years old, 18+).

Contact to the body, low kicks and only light kicks to the side of the head is allowed. Punches and frontal kicks against the head is not allowed. This category is for the more experienced fighters and one has to be 10 years old on the day when participating the tournament. When fought with body protection (vest) it's not allowed the have any contact on the upper body beside the vest. The fighting time for light contact, Semi contact and Moderate knock down are 2 minutes, with the possibility of extension. The extension is 2 minutes for participants over 14 year old and 1 minute for below 14 years old participants.

### Knock Down full contact: Adults 18+

This Category follows the international Knock down rules, never the les the fighters still have to wear white foot/leg protection.

The categories are divided ass below:

Age 18-38 (Senior) first round 2. min., finals 3. min,

Age 39-49 (Veterans) first round 2, min., finals 3.min.

Age 50+ (Masters) first round 2. min., finals 2. min.

Extension with draw (Hikiwake) the rounds are 2x2 minutes. The finals can also be extended. Foot/leg protection are the fighters choice to use, but it's not allowed to use glows and head protection.



AGE FEMALE	8 -11	12-13	14-15	16-17	18 - 39	40-47	
	-30kg	-40KG	-50kg	-50kg	-55kg		
	-35kg	-45KG	-55kg	-55kg	-60kg	-65kg	
	-40kg	-50kg	-60kg	-60kg	-65kg	+65kg	
	+40kg	+50KG	+60kg	-65kg	+65kg		
				+65			
AGE MALE	8 -11	12-13	14-15	16-17	18+	39-49	50+
	-30kg	-40kg	-50kg	-60kg	-69kg	-75kg	-85kg
	-35kg	-45kg	-55kg	-65kg	-76kg	-85kg	+85kg
	-40kg	-50kg	-60kg	-70kg	-83kg	-95kg	
	+40kg	+50kg	+60kg	-80kg	-90kg	+95kg	
				+80kg	+90kg		

**Protection:** Safety protection:

White foot/leg protection, groin protection (male) and white karate gi. Women above 14 years old has to wear breast protection (cup type). The participants below 18 years old shall fight with helmets.

Unexperienced participants below 16 years old shall fight with body protection (vest) and helmets.

That means that experienced participants in the age of 14 to 15 shall fight without body protection (vest).

Participants below 14 years old shall fight with body protection (vest) and helmets.

One has to bring their own safety equipment, which has to be approved by the main referees table.

Body protection (vest) and helmet can be provided at the competition. One has to bring their own: Leg protection, groin protection, breast protection and mouth Gard

Wither the participants are going to use the mouth Gard is up to themselves.



**Place:**

**Kyokushin Jinzen Do Greve**

Adr. Greve videnscenter Hundige Allé 11 D, 2670 Greve

**When:**

**Weigh-in friday the 26.05.2017 from 5 pm to 9 pm**

The address: Greve videnscenter Hundige Allé 11 D, 2670 Greve

The doors open Saturday the 27.05.2017 at 9 am.

Tournament starts at 10.00 am.

**Registrations:** Registration to the competition has to be through your instructor

Your Dojo has to send one gathered registration to:

info@jinzeno.org

**Latest at the 01.05.2017**

The registration has to be on the provided registration sheet, and e-mail it to: info@jinzeno.org.

**Make sure to get an approval that we have received your registration. There has to be paid in advance when you register.**

**NB! At the registration, the participant has to give up name, age and weight in gi before the competition. If there are deviation in the weigh-in more than 3 kilograms, the participant will be disqualified and can not participate in the competition.**

All participants has to fill out a medical note and signed and handed over on the competition day.

**Price:**

**tournament fee:** 40 Euro per. participant.

This includes a T-shirt and a goodiebag for participants.

Payment has to be one gathered payment from the Dojo to:

**Jyske Bank: Reg:5041 Konto:0001432235**

**IBAN: DK7350410001432235 SWIFT: JYBADKKK**

When paying write: name and Dojo.

Your registration is only approved when we receive the payment.

**Audience:**

7 Euro at the entrance. Come and get a great day with a lot of adrenalin!

**Stands:**

At the tournament there will be a lot of different stands where you can buy, food, drinks and accessories/equipment and Gi  
**Only cash.**

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## Medical and acceptance note

Event date: \_\_\_\_\_

Name of participant: \_\_\_\_\_

Do you use glasses or contact lenses?  NO  glasses  Contact Lenses

If you use medicine for: (Write medicine, dosage, etc. on the back of this paper).

Diabetes (diabetes)  No  Yes

Allergy  No  Yes

Asthma  No  Yes

Epilepsy  No  Yes

Cardiovascular diseases  No  Yes

Do you use medicine in general?  No  Yes

Have you previously been unconscious?  No  Yes Date: \_\_\_\_\_

Do you have any injuries?  No  Yes which?: \_\_\_\_\_

Do you feel well and healthy  No  Yes

Other relevant information / disorders, the organizer should be aware of?

- 
- This information is intended for medical use on event day and will not be registered.
  - It is not allowed to participate the tournament, if you have injuries.
  - Support bandages are not allowed in the first match. The medical board must approve all bandages.
  - Participation is at your own risk.

The undersigned agrees with the above and acknowledge the correctness of the given information. If the participant is under 18, this paper must be signed by a parent or guardian. Signature will also be an approval of the child / junior's participation at the event.

Participant / parent or guardian: \_\_\_\_\_ Date: \_\_\_\_\_

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## Tilmelding/Registration/Anmeldung

Navn Name Name	
Køn Sex Sex	
Alder Age Alter	
Bælte grad Belt degree Gürtel grad	
Vægt med gi Weight with gi Gewicht mitt gi	
Højde Height Höhe	
Klub Club Club	
Erfaring (måneder/år) Experience (month /year) Erfahrung (monate/jahre)	
Antal kampe Number of fights Anzahl der kämpfe	
Semi kontakt =S Modereret = M Knock down = K	



**Tilmelding for dommere**  
**Registration for referees**  
**Anmeldung für Richter**

Navn Name Name	
Bælte grad Belt degree Gürtel grad	
Organisation Organization Organsation	
Klub Club Club	
Erfaring (månedes/år) Experience (month /year) Erfahrung (monate/jahre)	
Underskrift Signature Unterschrift	